## **IMPORTANT INFORMATION!!!** From your School Nurses:

Please be sure to update your PARENT/GUARDIAN EMERGENCY CONTACT LIST!

- Every parent/guardian needs to ensure there is a contact person on their pick up list that is immediately available to pick up their student, if the parent/guardian cannot pick up their child.
- To minimize the risk of exposure to others in the school population, immediate pick up within one hour is required should your child exhibit any symptom of COVID-19.

## **Healthy Students & a Healthy School Environment**

- A daily attestation form needs to be done for your child(ren), prior to entering school.
- If they feel sick or exhibit symptoms of illness, students need to stay home.
- If a student has even one (1) symptom that is on the symptom list below, they cannot come to school and must stay home. Feel free to call your school nurse for guidance if unsure.
- If your child(ren) develops a symptom(s) at school, based on CDC and RIDOH guidance, they will be sent home and follow the <u>RI "Playbook"</u> guidance for symptomatic, or probable cases.
- Guidance from the RI Department of Health is to air on the side of caution, during allergy season. If a runny nose develops, a student **cannot attend school.**
- Consult with your child's allergist to discuss preventative maintenance medications such as Claritin, Zyrtec or Flonase to prevent these symptoms if your child has seasonal allergies.

## **Symptoms of COVID-19**

- · Fever or chills
- Cough (new)
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- Sore throat
- · New loss of taste or smell
- Congestion or runny nose (new)
- · Nausea or vomiting
- Diarrhea



https://www.cdc.gov/coronavirus/2019-ncov/symptoms-sting/symptoms.htm